

Degree College of Physical Education

(Multi-faculty Autonomous College)

YouTube Lectures and their URL

Name of YouTube Channel: - DCPEHVPM

Physical Education

Sr.No.	Name of Faculty	Topic	URL
1	Dr. K.K .Debnath	Running the curve	https://youtu.be/SARB8h2jkXk
2	Dr. M.S.Chendke	Marking of 400M Running Track	https://youtu.be/0aZV3Z593aw
3	Dr. B. A. Khan	Recreational Games	https://youtu.be/44ehuDSawTY
4	Dr.Sunil Joshi	Lathi Demonstration	https://youtu.be/07xK4RBU0hA
5	Dr. A.P. Upadhyay	Concept of Learning	https://youtu.be/SPVeQcuy53g
6	Dr. Tomy Jose	Lever & its application in Sports	https://youtu.be/Z26N5HhZVkc
7	Dr. W. Kenedi Singh	Boxing	https://youtu.be/2hKCe7ryKNM
8	Dr. Pratima Bhonde	Dumbbells	https://youtu.be/zX9vXN6okig
9	Asst. Prof Suraj Bagade	Kabbadi	https://youtu.be/SeBnY4t9wWs
10	Asst. Prof. Santosh Ingole	Gathi Lezim	https://youtu.be/brslYOVRl60
11	Asst. Prof. S. S. Thakre	Lezim Simple	https://youtu.be/Wv8R6hzbq0Uw
12	Asst. Prof. V. V. Dalal	Rope Malkhamb	https://youtu.be/hnUjyjKGK3M
13	Asst. Prof. V. V. Dalal	Malkhamb	https://youtu.be/vd3hvJUjvbc

Computer Science and Technology

Sr.No.	Name of Faculty	Topic	URL
1	Dr. S. P. Deshpande	Clustering in Data Mining	https://youtu.be/WqD99gi2LaE
2	Dr. S. P. Deshpande	Classification in data mining	https://youtu.be/ZxMfWTCPPBI
3	Dr. S. E. Yedey	JDBC	https://youtu.be/1ZYWu01u1Dg
4	Asst. Prof. D. P. Vaidya	Validations in ASP.NET	https://youtu.be/DJ9JczusOLs
5	Dr. S. H. Datey	Basics of Statistics	https://youtu.be/U9pMPZjXF_o
6	Dr. A. A. Rode	Barriers in Communication	https://youtu.be/3htDa9tu0mQ
7	Asst. Prof. V. S. Belsare	Microcontroller Architecture	https://youtu.be/ae0Vs3NhOtA
8	Asst. Prof. V. S. Belsare	Pentium Architecture	https://youtu.be/ALZH6_CIT40
9	Asst. Prof. K.R. Patil	Structure in C Language	https://youtu.be/whfYhccAg_U
10	Asst. Prof. A. P. Chendke	E-learning and Education Tool	https://youtu.be/n5cT6Jn2klM
11	Asst. Prof. A. D. Chavan	Stack in Data Structure	https://youtu.be/f4pOIv72PMA
12	Asst. Prof. P. R. Landge	Basics of Networking	https://youtu.be/lDRL9qz9M4o
13	Asst. Prof. S. K. Ganvir	Analog Communication System	https://youtu.be/yLE4yYXGh24

14	Asst. Prof. B. P. Topre	Recursion in C Language	https://youtu.be/myVOW1JCpMI
15	Asst. Prof. B. P. Deshmukh	Computer Graphics basics	https://youtu.be/VnsSU0-vKqo
16	Asst. Prof. S. A. Winchurkar	Kirchoffs Voltage Law	https://youtu.be/Cp2Rcu3Z2ds

Yoga Department

Sr.No.	Name of Faculty	Topic	URL
1	Dr. Sunil Labade	Concept of Arogya	https://youtu.be/_6KMVq24SCI
2	Dr. S. D. Patil	Yog Science	https://youtu.be/c50HKpZa_K8
3	Asst. Prof. Sampada Agarkar	Clauses	https://youtu.be/hhMQpwkHGoQ
4	Asst. Prof. Rohini Banode	Ashtang Yog	https://youtu.be/NuUJkyhGQUg

Commerce & Administration

Sr.No.	Name of Faculty	Topic	URL
1	Asst. Prof. Sheetal Kale(Pohekar)	Types of Accounts	https://youtu.be/lgnkXdoqg7A
2	Asst. Prof. Digvijay V. Lakde	Factors of Production	https://youtu.be/xOg44ZaB3Vg

Department of Yoga

Suryanamskar –Boys-: https://www.youtube.com/watch?v=sR_S5BmFE_A&t=142s
 Suryanamskar – Girls-: <https://www.youtube.com/watch?v=6mvHxgzKRQE>
 Trikonasana :<https://www.youtube.com/watch?v=jGbyY5MLwqU>
 Mud Therapy :<https://www.youtube.com/watch?v=29dEaOaD4FI>
 Water Therapy :<https://www.youtube.com/watch?v=n2-uKSr2TEw>
 ThandaGaramShek :<https://www.youtube.com/watch?v=X4iC31vvo-4>
 Enema :<https://www.youtube.com/watch?v=Z9FcKs-mWPc>
 Enema 2 :<https://www.youtube.com/watch?v=6luuhr4X9ZI>
 Enema 3 :<https://www.youtube.com/watch?v=wFPY5HW4YMM>
 Enema 4 :<https://www.youtube.com/watch?v=hJQWCiUUoCE>
 Hot Footbath :<https://www.youtube.com/watch?v=94XwPGiB6-s>
 Ardhamatsyasana :<https://www.youtube.com/watch?v=-gEh8VhnPEQ>
 ArdhaMatsendrasana :<https://www.youtube.com/watch?v=i2xKobP3Q9o>
 ArdhaPadmasana :<https://www.youtube.com/watch?v=OLHwW6Bf2yI>
 ArdhaShalbhasana :<https://www.youtube.com/watch?v=oP3XkkeyLGA>
 ArdhaChakrasana :https://www.youtube.com/watch?v=gGIW_KZnn_Y
 BastrikaPranayam :<https://www.youtube.com/watch?v=TLfIp1qOapQ>
 BramariPranayam :<https://www.youtube.com/watch?v=SKSQoLdxj3Q>
 Bhujangasana :<https://www.youtube.com/watch?v=sIAMByeUo3U>
 Bhujaballi Shakti Vikasaka :<https://www.youtube.com/watch?v=rX4GeaQMNA0>
 Bramhmudra :<https://www.youtube.com/watch?v=IXsf3u7yfuY>

Dhanurasana : <https://www.youtube.com/watch?v=xt2oYoeqTmU>
Dhyana : https://www.youtube.com/watch?v=aXSx-0W_5QI
Eye Exercise : <https://www.youtube.com/watch?v=uuzbAwKwOYg>
Garudasana : <https://www.youtube.com/watch?v=8uLufUYmJKY>
Gomukhasana : <https://www.youtube.com/watch?v=qNCmEDH1jCA>
Halasana : <https://www.youtube.com/watch?v=P2XlaQj9esk>
Rudgati : <https://www.youtube.com/watch?v=XLZKhazpRXA>
Jalandhar Bandha : <https://www.youtube.com/watch?v=smlIIDaXAaY>
Janeti : <https://www.youtube.com/watch?v=u5RYqSp6So8>
JanushaktiVikasak : <https://www.youtube.com/watch?v=FLKpUdpMqEg>
Janushirasana : <https://www.youtube.com/watch?v=mwNY6ea2VBE>
Jatharparivartan : https://www.youtube.com/watch?v=nQKsTweEE_A
Jivhabandha : <https://www.youtube.com/watch?v=hgV4fKTGbmU>
KatishaktiVikasak : <https://www.youtube.com/watch?v=pLYcIFm6VwY>
Makarasana : <https://www.youtube.com/watch?v=v5Du2Nrf4RU>
Mandukasana : <https://www.youtube.com/watch?v=fGfVJdonjxc>
Manjarasana : <https://www.youtube.com/watch?v=rD9cb2iPHMo>
Matsyasana : <https://www.youtube.com/watch?v=GMbTEe9q2wM>
Naukasana : https://www.youtube.com/watch?v=KTXhop4X_ig
Nouli : <https://www.youtube.com/watch?v=smC8K6YUUUg>
Pacchimotanasna : <https://www.youtube.com/watch?v=VAWRxArXB8A>
Pavanmuktasana 1. : <https://www.youtube.com/watch?v=1iYPEjo53JE>
Pavanmuktasana 2. : https://www.youtube.com/watch?v=DxZ7Gu1Uh_Q
Pawanmuktasana3 : <https://www.youtube.com/watch?v=geexrXLk8WM>
Rekhagati : <https://www.youtube.com/watch?v=-qucSxjQ02A>
Sarvangasana : https://www.youtube.com/watch?v=_yuEVqIR-sg
Sarvangapushti : <https://www.youtube.com/watch?v=7AVruNUCitQ>
Setubandhasana : <https://www.youtube.com/watch?v=IjgY1SPvNzU>
Simhamudhra : <https://www.youtube.com/watch?v=xFar9Zd6FoM>
Sitkari Pranayam : <https://www.youtube.com/watch?v=qMIPyF28GPs>
Supta-Vajrasana : <https://www.youtube.com/watch?v=40lEIn8VTqo>
Suryabhedhi Pranayam : <https://www.youtube.com/watch?v=SXdwCC9-tAU>
Suryanamskar : <https://www.youtube.com/watch?v=lvHwRk056xo>
Sutraneti : <https://www.youtube.com/watch?v=OubJ6DhP7jg>
Swastikasana : <https://www.youtube.com/watch?v=vvbVqAWJI5c>
Tadagi Mudra : <https://www.youtube.com/watch?v=BYZv51ghyT8>
Tadasana : <https://www.youtube.com/watch?v=qRDPGFwFujI>
Uddiyan bandha : <https://www.youtube.com/watch?v=zCdZ4FmoOy0>
Ujjai Pranayam : <https://www.youtube.com/watch?v=uHYY3TSJz8g>
Urdhvagati : <https://www.youtube.com/watch?v=a4LpA4hDWNo>
Utthit-Padmasana : <https://www.youtube.com/watch?v=FboDicYyd4>
Utkardan : <https://www.youtube.com/watch?v=65hNwmGJJDA>
Utkatsana : <https://www.youtube.com/watch?v=U86v1cZYR9M>
Chakrasana : <https://www.youtube.com/watch?v=B4hVEE6Er1w>
Vastradhouti : https://www.youtube.com/watch?v=OGD4NGm_h_8
Vrukshasana : <https://www.youtube.com/watch?v=ruJR4F5PGyY>
Yogmudra : <https://www.youtube.com/watch?v=L1HSZpAFpXM>
Yoganidra : https://www.youtube.com/watch?v=EOW_oqbX2oM
Shikram Kapalbhati : <https://www.youtube.com/watch?v=8aOIEZKkp8>
Shitali Pranayam : <https://www.youtube.com/watch?v=95gbm3W-WMw>
Shavasana : <https://www.youtube.com/watch?v=fdxNqne4Fd8>
Shalabhasana : <https://www.youtube.com/watch?v=Gw3FGdQd354>
Vajrasana : <https://www.youtube.com/watch?v=yI8DrCm26f0>
Parvatasana : https://www.youtube.com/watch?v=OvCRLBrjL_0
Anulom-Vilom Pranayam : <https://www.youtube.com/watch?v=T91itc6q-Fw>
Ardha-Halasana : <https://www.youtube.com/watch?v=oy7hhTBatjY>

Akarna-Dhanurasana : <https://www.youtube.com/watch?v=nPvOUbtY8p4>

Agnisar : <https://www.youtube.com/watch?v=NqUB6Y1rcFU>