

Curriculum Scheme

SCHEME OF TEACHING AND EXAMINATION FOR SEMESTER AND CREDIT PATTERN FOR B.A. (YOGASHASTRA) SEMESTER-I

Subject Code No.	Short Name	Subject Name	Teaching Scheme					Theory Examination					Practical Examination		
			L	T	P	Total period per week	Theory/ Practical Credits	Duration of Paper (Hrs)	Max. Marks	Sessional Marks	Total Marks	Min. Pass Marks	Max. Marks (Ext.)	Total Marks	Min. Pass Marks
17BA 101	ENG	English	4	2		6	6	3	80	20	100	40	—	—	—
17BA 102	MAR OR HIN	Marathi OR Hindi	4			4	4	3	80	20	100	40	—	—	—
17BA 103	BPOY-I	Basic Principles of Yoga-I	4			4	4	3	80	20	100	40	—	—	—
17BA 104	PS-I ICPLSG	Political Science-I Indian Constitutional Provisions and Local Self Government	4			4	4	3	80	20	100	40	—	—	—
17BA 105	POY	Practical of Yoga			6	6	6	—	—	—	—	—	100	100	40
17BA 106		Elective I: Theory	3			3	3	3	50	20	70	28	—	—	—
17BA 107		Elective I: Practical			2	2	2	3	—	—	—	—	30	30	12
Total							29	—	—	—	470	—	—	130	—

List of Elective Subjects

A	IPE-I	Introduction to Physical Education-I
B	POPE	Practical of Physical Education
C	FP-I	Fundamentals of Psychology-I
D	POP	Practical of Psychology

Note: 1. If Elective I: Theory is 'A' then Elective I: practical shall be 'B'.
2. If Elective I: Theory is 'C' then Elective I: practical shall be 'D'.

Curriculum Scheme

SCHEME OF TEACHING AND EXAMINATION FOR SEMESTER AND CREDIT PATTERN FOR B.A. (YOGASHASTRA) SEMESTER-II

Subject Code No.	Short Name	Subject Name	Teaching Scheme					Theory Examination					Practical Examination		
			L	T	P	Total period per week	Theory/ Practical Credits	Duration of Paper (Hrs)	Max. Marks	Sessional Marks	Total Marks	Min. Pass Marks	Max. Marks (Ext.)	Total Marks	Min. Pass Marks
17BA 108	ENG	English	4	2		6	6	3	80	20	100	40	—	—	—
17BA 109	MAR OR HIN	Marathi OR Hindi	4			4	4	3	80	20	100	40	—	—	—
17BA 110	BPOY-II	Basic Principles of Yoga-II	4			4	4	3	80	20	100	40	—	—	—
17BA 111	PS-II ICPLSG	Political Science-II Indian Constitutional Provisions and Local Self Government	4			4	4	3	80	20	100	40	—	—	—
17BA 112	POY	Practical of Yoga			6	6	6	—	—	—	—	—	100	100	40
17BA 113		Elective I: Theory	3			3	3	3	50	20	70	28	—	—	—
17BA 114		Elective I: Practical			2	2	2	3	—	—	—	—	30	30	12
Total							29	—	—	—	470	—	—	130	—

List of Elective Subjects

A	IPE-II	Introduction to Physical Education-II
B	POPE	Practical of Physical Education
C	FP-II	Fundamentals of Psychology-II
D	POP	Practical of Psychology

Note: 1. If Elective I: Theory is 'A' then Elective I: practical shall be 'B'.
2. If Elective I: Theory is 'C' then Elective I: practical shall be 'D'.

Curriculum Scheme

SCHEME OF TEACHING AND EXAMINATION FOR SEMESTER AND CREDIT PATTERN FOR B.A. (YOGASHASTRA) SEMESTER-III

Subject Code No.	Subject Name	Teaching Scheme			Theory Examination					Practical Examination		
		Theory Credits	Practical Credits	Total Credits	Duration of Paper (Hrs)	Maximum Marks	Sessional Marks	Total Marks	Min. Pass Marks	Max. Marks	Total Marks	Min. Pass Marks
17BA201	English	4	—	4	3	80	20	100	40	—	—	—
17BA202	Marathi OR Hindi	3	—	3	3	80	20	100	40	—	—	—
17BA203	Science of Yoga-I	3	—	3	3	80	20	100	40	—	—	—
17BA204	Political Science-I	3	—	3	3	80	20	100	40	—	—	—
17BA205	Environmental Education -I	2	—	2	3	—	50	50	20	—	—	—
17BA206	Practical of Yoga	—	4	4	—	—	—	—	—	100	100	40
17BA207	Elective I: Theory	3	—	3	3	50	20	70	28	—	—	—
17BA208	Elective I: Practical	—	2	2	3	—	—	—	—	30	30	12
Total		—	—	24	—	—	—	520	—	—	130	—

List of Elective Subjects

	Subject Name
A	Methods in Physical Education -I
B	Practical of Physical Education
C	Social Psychology -I
D	Practical of Psychology

Note: 1. If Elective I: Theory is 'A' then Elective I: practical shall be 'B'.

2. If Elective I: Theory is 'C' then Elective I: practical shall be 'D'.

Curriculum Scheme

SCHEME OF TEACHING AND EXAMINATION FOR SEMESTER AND CREDIT PATTERN FOR B.A. (YOGASHASTRA) SEMESTER-IV

Subject Code No.	Subject Name	Teaching Scheme			Theory Examination					Practical Examination		
		Theory Credits	Practical Credits	Total Credits	Duration of Paper (Hrs)	Maximum Marks	Sessional Marks	Total Marks	Min. Pass Marks	Max. Marks	Total Marks	Min. Pass Marks
17BA209	English	4	_____	4	3	80	20	100	40	_____	_____	_____
17BA210	Marathi OR Hindi	3	_____	3	3	80	20	100	40	_____	_____	_____
17BA211	Science of Yoga-II	3	_____	3	3	80	20	100	40	_____	_____	_____
17BA212	Political Science-II	3	_____	3	3	80	20	100	40	_____	_____	_____
17BA213	Environmental Education -II	2	_____	2	3	_____	50	50	20	_____	_____	_____
17BA214	Practical of Yoga	_____	4	4	_____	_____	_____	_____	_____	100	100	40
17BA215	Elective I: Theory	3	_____	3	3	50	20	70	28	_____	_____	_____
17BA216	Elective I: Practical	_____	2	2	3	_____	_____	_____	_____	30	30	12
Total		_____	_____	24	_____	_____	_____	520	_____	_____	130	_____

List of Elective Subjects

	Subject Name
A	Methods in Physical Education -II
B	Practical of Physical Education
C	Social Psychology -II
D	Practical of Psychology

Note: 1. If Elective I: Theory is 'A' then Elective I: practical shall be 'B'.

2. If Elective I: Theory is 'C' then Elective I: practical shall be 'D'.

Scheme of examination

The Final Year B.A. (Yogashastra) Examination shall consist of two parts as mentioned below:

Part – I	Theory	500 Marks
Part – II	Practical Yoga	200 Marks
Part-III	Project Work	100 Marks

Total 800 Marks

Curriculum Scheme For FINAL YEAR B.A. (Yogashastra) 2015-16 & onwards													
Sr. No.	Subject Code No.	Short Name	Subject Name	Teaching Scheme				Theory Examination			Max. Marks :500		
	Part – I			L	T	P	Total Periods/Week	Duration of Paper (Hrs)	Maximum Marks	Sessional Marks	Total Marks	Min. Pass Marks	
Compulsory Subjects													
1.	133BA1	ENG	English	4	-	-	4	3	80	20	100	35	
2.	133BA2	MAR OR HIN	Marathi OR Hindi	4	-		4	3	80	20	100	35	
3.	133BA3	H&Y	Health and Yoga	4	-	-	4	3	80	20	100	35	
4	133BA4		Elective I:	Select two different subjects from the following list one subject each for Elective I & Elective II.									
5	133BA5		Elective II:										
	Part-II	Practical Examination										Max. Marks : 200	
	INYP	YP	Yogic Practices			6	6		200	_____	200	100	
	Part –III	Project Work Examination										Max. Marks: 100	
	PW	Project Work							60	40	100	50	

List of Elective Subjects

Sr. No.	Short Name	Subject Name	Teaching Scheme				Theory Examination			Max. Marks :500	
			L	T	P	Total Periods/Week	Duration of Paper (Hrs)	Maximum Marks	Sessional Marks	Total Marks	Min. Pass Marks
1.	MPE	Management Physical Education & Sports	3	-	2	5	3	80	20	100	35
2.	PAHL	Psychology : Psychology Applied to Healthy life	3	-	2	5	3	80	20	100	35
3.	PT	Political Science: Political Theory	4	-	-	4	3	80	20	100	35