

### **7.3 Institutional Distinctiveness**

#### **Title:Regular sports coaching for local students and youths**

One of the most eventful and esteemed activities conducted by the college is the sports coaching to local youths. This activity aims at coaching local youths in their respective sports areas by senior, experienced and national/state level participated students of the institute under the guidance of staff members of the institute. This activity is being successfully conducted from last many years with great response. The main objectives of the activity are...

- To bring about expertise in the respective sports skill of the person.
- To make a person physically fit, mentally alert and emotionally balanced
- To help them achieve higher goals in the sports events
- To provide exposure to competitive sporting events
- To make our student coaches more profound in their area
- To bring about sense of responsibility amongst student coaches
- To provide valuable contribution to the society
- To create awareness about importance of sports amongst young generation
- To inculcate importance of discipline, cooperation and helping nature amongst students.
- To create skilled sports persons who can contribute to country

There are a large number of students interested in some or the other sports domain in the city. They may have great potential, ambition and ready to do hard work to achieve some respectable position and name in their respective sports area. If they are given proper guidance and coaching, they can shine in the events and bring laurels for themselves and also to the city.

The college has many facilities required to train the students such as play grounds for various sports, research laboratory, physiotherapy department, gym, yoga department, naturopathy department, swimming pool, necessary equipment etc. With the view to use these facilities for the betterment of the society also in addition to our regular students, this activity has been started.

Having the humble idea of coaching the local and unprivileged yet potential sports persons, Degree College of Physical Education, Amravati started this activity under the supervision of the staff members. Every day, from 6 to 8 in the evening, the students who have secured great positions in national and state level sporting activities coach the local sports persons from the city, in their respective sports. Currently, the coaching is done in various sports namely Swimming, Wrestling, Athletics, Gymnastics, Mallakhamb, Cricket, Basketball, Boxing, Taekwondo and Judo. Many people are taking advantages of this facility. On an average more than 2000 sports persons are participating in these sports activities and more than 100 skilled students of our institute are participating in training activities.

A large number of local students who got trained with these activities and coached by the students and staff members of the college have been successful sports persons and participated in state, national and international level competitions and received awards in state level and national level tournament/ championship for which the institute and everyone associated feels very proud.

State, National and International level participants from evening coaching classes of last five years:

Sr.No	Name of the Game	Statelevel Participants	National level participants	International level
1	Swimming	226	44	06
2	Wrestling	184	25	03
3	Gymnastic	285	17	
4	Mallakhamb	104	01	
5	Judo	85	27	
6	Athletics	36	03	
7	Basket Ball	11		

Total 7 cricketers from this coaching classes participated in Ranji Trophy during last 5 years.

In the following games and sports, players of coaching classes received medals at state level tournaments/ Championships.

Sr.No	Name of the Game	Gold Medals	Silver Medals	Bronze Medals
1	Judo	48	29	31
2	Gymnastic	36	43	29
3	Wrestling	02	04	07
4	Mallakhamb	01	01	01

Following are some Problems encountered in the above program

- It becomes difficult for the teachers to select the right student for a particular activity
- It becomes difficult for teachers to convince the students about need of regular practice as students are also busy in academic activities throughout the session.
- It takes lots of efforts to train students.
- Large number of facilities is needed for training students.
- It takes years of hard work to achieve high performance in sports.

## Photos



Gymnastics



Gymnastics



Gymnastics



Gymnastics



Gymnastics



Gymnastics





Swimming



Gymnastics



Gymnastics



Wrestling



Gymnastics



Wrestling



Wrestling



Wrestling



Judo



Judo



Judo



Judo





Judo



Judo



Judo



Judo



Judo



Judo



Judo



Judo



Judo



Judo





Judo



Judo



Gymnastics



Gymnastics



Gymnastics



Gymnastics



Gymnastics



Gymnastics